

"You shall do homage  
to the Lord your God;  
Him alone  
shall you adore."



-Luke 4:8

1<sup>st</sup> Sunday of  
LENT  
◆  
March 6, 2022

## MASS INTENTIONS

### Week of March 6 — 11, 2022

Live Stream Mass on the West Sac OLG YouTube Channel or join Zoom Meeting ID 828 7609 4045 Passcode OLG

SATURDAY	Mar 5	8:30 AM	For Jovin Lawrence (Healing)
		5:30 PM Vigil	For Sharon Stone +
SUNDAY	Mar 6	9 AM	For All Parishioners
		11 AM	For Elsi Frugoli + and Marianne Talani Robles ++
MONDAY	Mar 7	8:30 AM	For Sunny Sebastian + For Matthew Clark + For Kevin Smith +
TUESDAY	Mar 8	8:30 AM	For Perez Family (Special Intentions)
WEDNESDAY	Mar 9	8:30 AM	For Florentino Arucan + For Paul Magaway + For Rosalinda Sherwood + For Gregoria Mendoza + Our Mother of Perpetual Help Novena
		6 PM	
THURSDAY	Mar 10	No Mass	
FRIDAY	Mar 11	6:30 PM	Rosary for Virginia Bryan +
		7 PM	Lenten Reflection Video Series (in Rectory)
		7:30 PM	Stations of the Cross
SATURDAY	Mar 12	1:30 PM	Memorial Mass for Virginia Bryan +



## FAITH IS TOTAL TRUST IN GOD

The First Reading gives an example of absolute trust in the Lord, who rescued the Israelites from slavery in Egypt. They trusted, and it was the Lord who saved them, not they themselves. This is the exact opposite of what Satan tempts Jesus to do in today's Gospel. He tries to force Jesus to misuse His power for self, rather than trust in the Father. This is the difference between having true faith and being self-centered. One who has true faith recognizes that all they have and are comes from God. (True faith requires total trust.) The self-centered one thinks that all they have and are comes only from their own efforts. In the Responsorial Psalm, the psalmist speaks of God as his refuge and strength. The irony of Satan quoting this psalm to Jesus, is that it contains a radical trust in God. Satan uses that trust to tempt Jesus away from trusting in God's providence, trying to trick Jesus into orchestrating a situation in which He would force the Father to rescue Him. Jesus knows this is not trust, but a form of manipulation. When one trusts and loves another, they don't play games with that person's love. In today's Gospel, the temptations in the desert underscore the purity of Jesus' intentions for His public ministry, to obey the Father's will by preaching and healing. Satan tries to make Jesus doubt the Father's love by asking Jesus to put that Love to the test. But Jesus exhibits unconquerable love for the Father, as well as trust in the Father's love. While Satan's temptations appear reasonable, Jesus reminds us that God's ways go beyond this world's ways, and that we are called to true, unselfish love and radical trust in God. (CBCo)

## Welcome to OUR LADY OF GRACE Catholic Church

### ANNOUNCEMENTS



### LENTEN REGULATIONS 2022

**Lent and Easter** - Ash Wednesday marks the beginning of Lent, a season in which the faithful are called to reflect on the Paschal Mystery more intentionally. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. It is also a time in which catechumens prepare to receive the Sacraments of Initiation at the Easter Vigil. The Church calls everyone, therefore, to a spirit of penance through prayer, fasting, and almsgiving.

**Fasting and Abstinence** - In order to foster a spirit of repentance and unite ourselves more closely to Christ, Church law requires the observance of Abstinence and Fasting during Lent. (For further study, see Pope Paul VI's apostolic constitution on the subject.)

**Abstinence** - All persons, 14 years and older, are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent. ". . . Other forms of abstinence, for example abstinence from alcoholic beverages, television, video games, the internet, and social media, are also beneficial. This year a solemnity, The Annunciation of the Lord, falls on March 25th, a Friday; the law of abstinence does not apply on that day.

**Fasting** - Everyone from ages 18 to 59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is understood to mean that one full meal may be eaten. Two other small meals may be eaten, but together they should not equal a full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor should be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

**Prayer** - Catholics are urged to read and pray with sacred Scripture more intently during Lent, and to deepen their faith by reading the Catechism of the Catholic Church. The faithful are encouraged to participate in special devotions offered by the parish, especially parish penance services and Eucharistic adoration.

**The Sacrament of Reconciliation** - Lent is a privileged time for celebrating the Sacrament of Penance. The faithful are obliged to confess their grave sins at least once a year. To that end, parishes are encouraged to provide ample opportunity for the faithful to partake of the Sacrament of Reconciliation by expanding their confession schedule during Lent.

**Lenten Mass Schedule** - The faithful are urged to attend Mass on weekdays as often as possible, especially during Lent.

**The Stations of the Cross** are to be celebrated in each parish on Fridays during Lent and parishioners should be encouraged to participate.

**Special Day of Penance and Prayer** - The second Wednesday of March is to be observed as "[a] day of penance for negative attitudes and discrimination toward people of differing cultures, ethnicity and race; and prayer for unity in our diversity, for equality, mutual respect and peace among all peoples"

**Almsgiving** - From earliest times giving to the poor, or almsgiving, has been an invaluable spiritual practice, a religious duty, a form of penance, an expression of Christian charity, and an aid to interior conversion. Therefore, all Catholics are urged to give generously to assist the poor and support the charitable works of the Church, especially through their local parish and the Annual Catholic Appeal. The faithful are also encouraged to visit the sick, the homebound, the aged, and those in prison, remembering the words of our Lord Jesus Christ who said, "As you did it to one of the least of these my brethren, you did it to me" (Matthew 25:40). Fasting and abstinence together with almsgiving and charitable works unite us to the crucified Christ reflected in the image of our brothers and sisters who suffer.

## A STEWARD MAKES GOD'S LOVE VISIBLE BY IMITATING JESUS.

### SERVICE



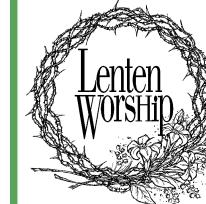
Help reach our Weekly Budget Goal: \$4,271.00

Collection for February 27: \$1,737.00

On March 5/6, the 2nd Collection will support Catholic Relief Services.

Thank you for your gift.

### PRAYER



Please join us every Friday throughout Lent for a lenten reflection video series, "No Greater Love" by Ascension Press which will play at 6:15 PM, followed by STATIONS OF THE CROSS at 7 PM. On March 11, due to a scheduled rosary in the church, the video will play at 7 PM in the rectory, followed by stations at 7:30 PM in the church. Thank you, to our ministry groups that volunteered to host the meditation of the stations.

### Stations of the Cross Schedule

March 4 - Knights of Columbus

March 11 - Lector Ministry

March 18 - Extraordinary Ministers of Holy Communion

March 25 - St. Vincent de Paul

April 1 - Children's Faith Formation & Graced Youth Ministry

April 8 - All Ministries

**Lenten Penance Service** on Wednesday, March 23, 2022, at 7 PM.

### FORMATION



- Children's Faith Formation (CFF) Class meet in-person on Tuesday, March 8, 2022 at 5:30 PM.

- Adult Bible Study meet on Tuesdays, at 7 PM in the Parish Center meeting room.

Sat Eve • March 12<sup>th</sup>

- Baptism Class on Wednesday, May 4, 2022 at 7 PM. Call the Parish Office (916) 371-4814 to sign-up.

**FORMED** — Our parish now has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. FORMED has content from over 60 apostolates, including Augustine Institute, Ignatius Press, and the Knights of Columbus, with material that is professionally produced, engaging, and solid in its catechism. Best of all, this material is free to you. Our parish will be using the material on FORMED to support our ministries and provide continuing education for staff members and parishioners, as well as outreach for our sick and homebound members. Much of FORMED's content is available in both English and Spanish. To gain access to all of FORMED's content, follow these simple steps:

- Go to <https://signup.formed.org/>
- Enter our parish's zip code
- Enter your name and your email address

Now you can get the free FORMED app for your spiritual needs.

### HOSPITALITY

**ANNUAL CATHOLIC APPEAL** is dedicated solely to the social mission of the Church here in Northern California. Not everyone can walk with people in need. By supporting the work of people who can, the whole Catholic community extends our hand to those who need help. Your donation to the Appeal helps our parish to help others.



WATCH A LANDLORD/TENANT STORY



DONATE ONLINE



Communion for the Homebound - Please call the Parish office if you wish a Eucharistic Minister to visit.

Anointing of the Sick - Persons who are sick or who are going to have surgery may request the Sacrament of the Sick by calling the Parish office. One need not be in immediate danger of death.

St Vincent de Paul (SVDP) - If anyone in our Parish or greater community needs assistance, or if anyone would like to volunteer their time to work with our Parish SVDP program please call 916-371-5264.

**Mission Statement** – We are a welcoming Eucharistic community nourished by the Word of God, committed to extend Christ's unconditional love to ALL.

### Life Long Catholic Faith Formation

Baptism - Mandatory class for parents and godparents is scheduled for the first Wednesday of the month at 7pm in the rectory. Baptisms will be scheduled for the First Saturday at 11:30 am after completion of the class and all required paperwork. Please call the Parish Office to register for the class or to schedule the Baptism.

Children's Religious Education/Catholic Faith Formation (Hybrid CFF), K-8th - Tuesdays from 5:30 to 6:45 pm. Includes preparation in the 2nd grade to receive First Eucharist; and preparation in the 7th grade for Confirmation. Both sacraments require 2-year attendance in CFF. Classes for high school students that need the sacraments are held on an as-needed basis. Call the Parish Office at (916) 371-4814.

Matrimony - Engaged couples should contact the Pastor to begin preparation a minimum of six months prior to the time you would like to be married. Please do not make any other arrangements before meeting with the Pastor.

Rite of Christian Initiation of Adults (RCIA) - Sessions for anyone wishing to learn more about the Catholic faith, especially the unbaptized, baptized Christians who want to join the Catholic Church, and baptized Catholics who wish to complete initiation with Eucharist and Confirmation. Classes in the Parish Center on Thursday nights 7-8:30 pm.

Youth Ministry - Graced Youth Ministry, the youth ministry program for our high school students meets alternating Sundays at 4:00 pm in the Parish Center.

### Welcome to Our Lady of Grace Catholic Church!

New to the parish? Like to register?  
Please fill in & tear this off & drop in the offertory basket.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

<p>We meet @ 6:00pm starting with Hospitality 2nd Thursday of each month For details call: 916-371-5264</p>	<p>MARY KAY® Isabelle Cammarota Beauty Consultant 916-247-6279 try before you buy (virtual / in-person) <a href="http://www.marykay.com/isabellec">www.marykay.com/isabellec</a></p>
<p><b>"Shop us first &amp; Save!"</b></p> <p><b>GROCERY OUTLET</b> bargain market</p> <p>\$3 off any \$30 or more purchase</p> <p>845 Harbor Blvd • 916-372-6575 Matt &amp; Jennifer Engstrom</p>	
<p><b>RIVER CITIES FUNERAL CHAPEL</b> Lic. FD1082</p> <p>Jon R. Daniel - Fourth Generation Catholic Director Call Concerning Pre-Need Arrangements ... For Your Peace of Mind.</p> <p>910 Soule St. West Sacramento 371-4535</p>	
<p><b>Paul A. Johnson, D.D.S., M.S.</b> Board Certified Pediatric Dentist Proudly serving the community since 2015! <b>916-277-8055</b> Pediatric Dentistry of West Sacramento 2101 Stone Blvd., Suite 130, West Sacramento <a href="http://www.pdows.com">www.pdows.com</a></p>	
<p>THE TRUE LIGHT, WHICH ENLIGHTENS EVERYONE, WAS COMING INTO THE WORLD. —JOHN 3:19</p>	<p>Join us in praying the Rosary</p> <p>5pm weekdays on Relevant Radio</p> <p><b>relevant radio</b> Immaculate Heart Media</p> <p><b>Catholic Radio</b> AM 1620</p>
<p>Our Lady of Grace Council #9469</p> <p><b>Knights of Columbus</b></p> <p>Meets 2nd Wednesdays at 7pm in the Convent Building, Our Lady of Grace School.</p> <p>For membership information contact Byron Paige, Membership Chairman: (916) 995-4570</p>	<p>—Orthodontic Specialists— Creating beautiful smiles for children and adults</p> <p><b>Giannetti &amp; Booms</b></p> <p><a href="http://www.sacortho.com">www.sacortho.com</a></p> <p>(916) 452-3584 <a href="mailto:info@sacortho.com">info@sacortho.com</a></p>

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# Our Lady of Grace

Catholic Church

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West Sacramento, California 95691  
Rectory: 916-371-4814; Fax: 916-371-4816  
[westsacolc@gmail.com](mailto:westsacolc@gmail.com)

Church Web Site: <http://www.westsacolc.org>  
Office Hours: Monday through Friday 8 am to 12 Noon

Father Mathew Rappu, Pastor

[fathermathew@westsacolc.org](mailto:fathermathew@westsacolc.org)

Deacon David Campbell

[deacondavidcampbell@gmail.com](mailto:deacondavidcampbell@gmail.com)

Dena Serrano, Director of Religious Education  
[formation@westsacolc.org](mailto:formation@westsacolc.org)

### Mass Schedule

Daily: 8:30 am

Saturday Vigil: 5:30 pm

Sunday: 9 am and 11 am

First Saturday: 8:30 am

(Immaculate Heart of Mary)



### Sacrament of Reconciliation

Saturday: 4:45 to 5:15 pm or by appointment

Our Lady of Grace School

Grades: Transitional Kindergarten – 8th Grade

1990 Linden Road, West Sacramento, CA 95691

Phone: (916) 371-9416