

"I will pour clean water  
upon you;  
& wash away all your sins."



March 12, 2023  
◆  
3<sup>rd</sup> Sunday of  
LENT

- Ezekiel 36: 25

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## MASS SCHEDULE

March 12 — 17, 2023

Livestream Sundays & Holy Days on WestSac OLG YouTube Channel  
Daily Mass & Rosary on Zoom Meeting ID 828 7609 4045 Passcode OLG

|           |        |         |                                     |                      |
|-----------|--------|---------|-------------------------------------|----------------------|
| SATURDAY  | Mar 11 | 5:30 PM | Nelly Araza                         | +                    |
| SUNDAY    | Mar 12 | 9 AM    | All Parishioners                    |                      |
|           |        | 11 AM   | Alexis & Eleanor Rivera             | ++                   |
| MONDAY    | Mar 13 | 8:30 AM | Anthony & Josephine Thoppil         | ++                   |
|           |        |         | Teresa Silva Harrison               | +                    |
| TUESDAY   | Mar 14 | 8:30 AM | Vinay Lawrence                      | (Special Intentions) |
|           |        |         | Cletus Dominic                      | (Thanksgiving)       |
| WEDNESDAY | Mar 15 | 8:30 AM | Alice & Lucy Sebastian              | (Healing)            |
|           |        |         | Joanne Tamburo                      | (Healing)            |
|           |        | 6 PM    | Our Mother of Perpetual Help Novena |                      |
| THURSDAY  | Mar 16 | 8:30 AM | Father's Intentions                 |                      |
| FRIDAY    | Mar 17 | 8:30 AM | OLG School Mass                     | (Grade 3)            |
|           |        | 7 PM    | Stations of the Cross               | (Lector/Commentator) |

## PASTOR'S CORNER

INVITED INTO COVENANT WITH GOD — This Sunday's Gospel is the beautiful story of Jesus' encounter with the Samaritan woman, the woman at the well. In the Old Testament "well" stories were where one met his or her spouse (e.g. Isaac, Moses, Ruth). St John uses the well account to underscore God's relationship of covenant, i.e., marriage, with the Samaritan (pagan) people. As with the Israelites, the marriage covenant relationship with God is spiritual or mystical. The use of the title "Samaritan woman", rather than a person's name, indicates the symbolic role she plays. To remain hidden due to her reputation, she goes to the well at the hottest time of the day, high noon, in order to avoid other people. In His conversation with her, Jesus extends greater dignity and respect to the woman, than she gave herself. He offers her living water, the kind that gives spiritual strength and sustenance. The woman at the well does not understand so He directs her to call her husband. More symbolism here; for the number of husbands she had represent the number of gods her people served until this encounter with Jesus. In offering her the living water, Jesus is becoming her seventh spouse, the perfect biblical number (remembering that this marriage is symbolic of God's covenant with His people). She asks Him if He is the Messiah. The Samaritan concept of Messiah was a more spiritual one than the Jewish concept of a conquering hero. The Samaritan Messiah was one who would reveal God's secrets to them. This is exactly what Jesus was doing in revealing all the woman's secrets to her. The woman learns about true worship of God; to worship the Father in Spirit and Truth, i.e. to worship the Father in Jesus (the Truth) and through the Holy Spirit (the Spirit). Filled with His grace, the font of living water welling up inside of her, the woman, who once avoided the people out of shame, now fearlessly goes back to her people to sow the seed of the harvest of the Samaritan people's faith. In sharing her discovery, she helps to bring them to salvation. They then encounter Jesus themselves and come to a more profound faith based on their own experience of Him, not just her testimony. The people who had searched for love in many gods, now found true love and peace in the one true God. This is a reminder to us, while on our Lenten journey, to try to eliminate the false gods of our life to find true love and true peace in the one true God. (CBCo)

## Welcome to Our Lady of Grace Catholic Church

### ANNOUNCEMENTS

LENTEN PENANCE SERVICE & FIRST RECONCILIATION for OLG School & CFF on Tuesday, March 14, at 7:00 PM. There will be visiting priests to assist with confessions. A guide to confessions:

**BEFORE YOU GO** - Examine your conscience, that is, reflect on what sins you've committed. To guide you, just Google "examination of conscience" and you'll find resources to help you. It's even all right to make a list to bring with you if that helps.

**INTRODUCTION** - When you come before the priest, begin by making the Sign of the Cross (praying the words out loud), and continue by saying, "Bless me, Father, I have sinned. It has been (how long) since my last confession. These are my sins..."

**CONFESSION** - List the sins you've committed that came to mind during your examination of conscience. Don't be too general ("I haven't been a good person"), but a lot of detail isn't necessary (you don't need to tell the whole story of how a sin came about). If you're not sure if something is a sin, ask the priest. This isn't counseling, so unless you ask, the priest likely won't give you advice. He'll just move on to penance.

**PENANCE** - The priest will suggest something for you to do or pray as a response to God's mercy. You'll have to remember what this is and do it after the confession is over, so pay attention.

**ABSOLUTION** - Don't get up to leave after that prayer, because the best part is yet to come: The priest will extend his hands in your direction and he will pray the Prayer of Absolution: "God, the Father of Mercies, through the death and resurrection of his Son, has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins. Through the ministry of the Church, may God grant you pardon and peace. And I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit. Amen." You respond: "Amen."

**CONCLUSION** - The priest will then likely say something like, "God has freed you from your sin. Go in Peace." To which you can respond: "Thanks be to God." Don't forget to do your penance. If it is saying certain prayers, it's best to do it right away in the church before you forget. (bustedhalo.com)

WOMEN'S COUNCIL will host a BIG BUNCO event on Saturday, March 18, from 1:00 - 4:00 PM in the school hall. Tickets \$25 advance, \$30 at the door. Prizes for Most Bunco, Most Wins, and Most Losses. Free snacks. Raffles, and 50/50 raffle. Wine, mimosas, champagne, some sodas and water for sale. Proceeds to fund 8th grade scholarships. Please come and have a fun afternoon.

The Sacramento Life Center BABY BOTTLE DRIVE is happening now until Sunday, April 30, in our parish. Baby Bottle Project Details: bottles available in church to be distributed to parishioners, and returned to the collection basket filled with cash, check and coin from family & friends.

Bonus! Every bottle has a raffle ticket to fill out and return in the bottle for a chance to win Apple AirPods or a Leatherby's gift card.

This is one of Sacramento Life Center's largest annual fundraisers and it's success is vital to keep our doors open! Thank you for your support.

LENTEN RETREAT: Here I am, Lord; I come to do your will. March 25, 2023 9:00 AM - 1:00 PM at Our Lady of Grace Catholic School 1990 Linden Rd, West Sacramento, CA 95691. This Retreat is for PCL, DRE, CRE, RCIA, Teachers, Catechists, parish volunteers, Youth & Young Adult Leaders, and PJH to prepare their hearts and be refreshed, renewed, and recommitted to our baptismal mission. For registration go to: <https://tinyurl.com/2p8cnh5v> Questions? Teresa Donan 916-733-0132 [tdonan@scd.org](mailto:tdonan@scd.org)

Our Lady of Grace School SPRING SHOWCASE Performance  
March 23, at 1:15 PM and March 24, at 9:00 AM

A Steward makes God's love visible by imitating Jesus.

### SERVICE

Please help us reach our Weekly Budget Goal of \$4,271.00  
Collection on February 26: \$2,655.00  
Ash Wednesday: \$1,461.00



### PRAYER

Happy



St Patrick's  
Day!

Pray for the Sick: Leonila Arucan - Fe DeAsis - Larry Sadler  
John Gabri - Jan Valencia - Jay Ward  
Stan Holland - Pauline Frugoli - Barbara Foreman  
Marlene Perini - Michael Vilhauer  
Susanne Shunk - Marcia Harrison  
Pray for Departed Souls: Rosario Bongo + Emma Quinn +  
Rick Mayoral + Joe Villanueva + Ben Nugent +  
Naty Senga + Angie Montemayor + Fil Romo +  
Peter Harrington + Paul McIntyre + Bud Hayes +  
John McGlynn +  
Pray for Men & Women in our Military and for their Families

Station of the Cross on Fridays at 7 PM in the Church.

March 17, hosted by Lector/Commentator (Feast of St. Patrick)  
March 24, hosted by St. Vincent de Paul  
Mar 31, hosted by All Ministries

### HOSPITALITY

Happy March wedding anniversaries!  
This Sunday, we honor couples celebrating their wedding anniversary in March.  
They will receive a special blessing at the end of Mass.

KofC welcomes one and all to an affordable PANCAKE BREAKFAST  
next Sunday, March 19, from 8 AM until 1 PM in the school gym.

### FORMATION

CHILDREN'S FAITH FORMATION (CFF) on  
Tuesday, February 21, 2023, at 5:30 PM.

BAPTISM CLASS on Wednesday, May 3, at 7 PM  
in the Rectory. Call the Parish Office to sign up.

GRACED YOUTH MINISTRY meet on Sunday, March 19, at 4 PM in the  
school gym. All high school aged youth are welcome to join.  
Youth Ministers: Jeremy & Sunshine Arcinas,  
Steve Ramirez-Palmer, Mike Fritz and Michelle Garcia.

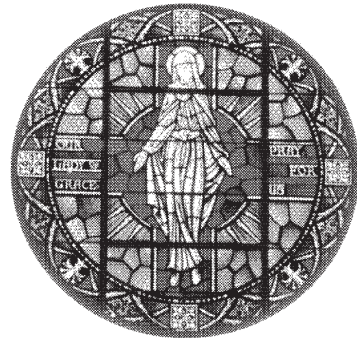
VBS - Vacation Bible School is coming the week of June 12-16.  
The theme is "Stellar - Shine Jesus' Light."

Contact Helen Kanowsky for youth and adult volunteer opportunities.

FORMED — Our parish now has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. FORMED has content from over 60 apostolates, including Augustine Institute, Ignatius Press, and the Knights of Columbus, with material that is professionally produced, engaging, and solid in its catechism. Best of all, this material is free to you. Our parish will be using the material on FORMED to support our ministries and provide continuing education for staff members and parishioners, as well as outreach for our sick and homebound members. Much of FORMED's content is available in both English and Spanish. To gain access to all of FORMED's content, follow these simple steps:

- Go to <https://signup.formed.org/>
- Enter our parish's zip code
- Enter your name and your email address

Now you can get the free FORMED app for your spiritual needs.



**PASTORAL & FORMATION SUPPORT**  
- Call the Parish Office: (916) 371-4814  
for spiritual formation assistance.

**Communion for the Homebound or  
Sacrament of the Anointing of the Sick** -  
Call the Parish Office to schedule a visit.  
One need not be in immediate danger of  
death to request support.

**ST VINCENT DE PAUL (SVDP)** -If anyone in our Parish or greater  
community needs assistance, or if anyone would like to volunteer their  
time to work with our Parish SVDP program call: (916) 371-5264.

**Life Long Catholic Faith Formation**

**Baptism** - Mandatory class for parents and godparents is scheduled  
for the first Wednesday of the month at 7pm in the rectory. Please  
call the Parish Office to register for the class.

**Adult Bible Study** - Tuesdays at 7pm in the Parish Center.

**Children's Religious Education & Catholic Faith Formation  
(CFF) TK4 - 8th** - Tuesdays from 5:30 to 6:45 pm. Includes  
preparation in the 2nd grade to receive First Eucharist; and  
preparation in the 7th grade for Confirmation. Both sacraments  
require 2-year attendance in CFF. Classes for high school students  
available. Adult and Youth Catechists and Office Help needed. Call  
the Director of Religious Education at (916) 371-4814 for enrollment  
questions or to volunteer in our CFF program.

**Marriage Preparation** - Engaged couples should begin preparation one  
(1) year prior to the intended wedding date. Engaged or civilly married  
couples may contact the Parish Office for assistance.

**Rite of Christian Initiation of Adults (RCIA)** - Thursdays  
7pm-8:30pm in the Parish Center. All are welcome, baptized  
and un-baptized Christians seeking to complete their initiation into the  
Faith.

**Graced Youth Ministry** - Alternating Sundays at 4pm in the Parish  
Center.

**Parish Council:** Chair: Michael Babowal; Members: Sonja  
Craighton, Keith Doyle, Mike Fritz, Cara Giordano, Helen Kanowsky,  
Joe Matella, Courtney Schrag & Casey Valine (ex-officio member)  
Email parishcouncil@westsacolg.org

**Finance Council:** Chair: Kenneth Barrow; Members: Maggie  
Carson, Anthony Tassone, & Harry Valencia  
Call the Parish Office (916) 371-4814 for questions.

**Welcome to Our Lady of Grace Catholic Church!**

New to the parish? Like to register?  
Please fill in & tear this off & drop in the offertory basket.

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

|  |   |
|--|---|
| <p><b>"Shop us first &amp; Save!"</b><br/><b>GROCERY OUTLET</b><br/>bargain market<br/>\$3 off any \$30 or more purchase<br/>845 Harbor Blvd • 916-372-6575<br/>Matt &amp; Jennifer Engstrom</p>   |   |
| <p><b>70 YEARS OF SERVICE</b><br/>since 1951<br/><b>RAMOS OIL COMPANY</b></p>  | <p>God Bless America</p>  |
| <p><b>RIVER CITIES FUNERAL CHAPEL</b><br/>Lic. FD1082<br/>Jon R. Daniel - Fourth Generation Catholic Director<br/>Call Concerning Pre-Need Arrangements ... For Your Peace of Mind.<br/>910 Soule St. West Sacramento 371-4535</p>                                       |   |
| <p>916-372-8484<br/><b>UBS</b><br/>UNITED BUILDING SERVICE<br/>MECHANICAL<br/>HEATING &amp; AIR</p>  |   |
| <p><b>Paul A. Johnson, D.D.S., M.S.</b><br/>Board Certified Pediatric Dentist<br/>Proudly serving the community since 2015!<br/>916-277-8055<br/>Pediatric Dentistry of West Sacramento<br/>2101 Stone Blvd., Suite 130, West Sacramento<br/>www.pdws.com</p>            |   |
| <p>We meet @<br/>6:00pm<br/>starting with<br/>Hospitality<br/>2nd Thursday<br/>of each month<br/>For details call: 916-371-5264</p>  | <p><b>MARY KAY</b><br/>Isabelle<br/>Cammarota<br/>Beauty Consultant<br/>916-247-6279<br/>try before you buy<br/>(virtual / in-person)<br/>www.marykay.com/isabellec</p>   |
| <p><b>Mercy McMahon Terrace</b><br/>Across from Sacred Heart Church<br/>Assisted Living At It's Best<br/>3865 J St • 916-733-6510<br/>Protecting Our Seniors During Difficult Times<br/>www.mercymcmahonterrace.org<br/>Holy Communion Available + Mass on Saturdays</p> |   |
| <p>Our Lady of Grace<br/>Council #9469<br/><b>Knights of Columbus</b><br/>Meets 2nd Wednesdays at 7pm<br/>in the Convent Building,<br/>Our Lady of Grace School.<br/>For membership information<br/>contact Byron Paige,<br/>Membership Chairman:<br/>(916) 995-4570</p> | <p>—Orthodontic Specialists—<br/>Creating beautiful smiles for children and adults<br/><b>Giannetti &amp; Booms</b><br/>www.sacortho.com<br/>(916) 452-3584 info@sacortho.com<br/>invisalign<br/>DAMON SYSTEM</p> |

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formation@westsacolg.org

**Mass Schedule**

Weekdays (except Thursday): 8:30am  
Saturday Vigil: 5:30pm  
Sunday: 9am and 11am  
First Saturday (Immaculate Heart of Mary): 8:30am  
First Friday Eucharistic Adoration: 7 pm

**Sacrament of Reconciliation**

Saturday: 4:45 to 5:15pm or by appointment

**Mission Statement** - We are a welcoming  
Eucharistic Community nourished by the Word of God,  
committed to extend Christ's unconditional love to ALL.

**Our Lady of Grace School**

Transitional Kindergarten through 8th Grade  
Casey Valine, Principal  
1900 Linden Road, West Sacramento, California 95691  
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