

July 28, 2024
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 17th Sunday in Ordinary Time

MASS INTENTIONS

Live-stream All Masses on the West Sac OLG YouTube Channel

SUNDAY	July 27	5:30 PM	vigil	Alexis Rivera	+
	July 28	9 AM		Jerico Crisologo, Sr.	+
		11 AM		All Parishioners	+
				David Alfred Haro	+
				Alosya Valath	+
MONDAY	July 29	8:30 AM		Carol Heredia	(Healing)
				Kathy Vilhauer	(Healing)
				Michael Vilhauer	(Healing)
TUESDAY	July 30	8:30 AM		Pacing McFeely	(Healing)
				Sonja Craighton	(Healing)
				Leonila Arucan	(Healing)
				Judy King	(Healing)
				Louise Souza	(Healing)
WEDNESDAY	July 31	8:30 AM		Minda Fish	(Special Intentions)
		6 PM		Our Mother of Perpetual Help Novena	
THURSDAY	Aug 1	No Mass			
1st FRIDAY	Aug 2	8:30 AM		Mass in Church	(Father's Intentions)
		7 PM		Adoration of the Blessed Sacrament	
1st SATURDAY	Aug 3	8:30 AM		Lawrence Family	(Thanksgiving)



Do you understand what the Church teaches about Jesus and his Real Presence in the Blessed Sacrament? Recovering a First Friday devotion can be a critical way to restore awareness of the Eucharist as 'the source and summit of the Christian life.' (Lumen gentium, no. 11)

WHAT WILL YOU BRING TO THE TABLE

Music has often helped enhance my memory through catchy tunes. A favorite song of mine is *You Raise Me Up* by Brendan Graham and Rolf Løvland. I was surprised to find that what I thought was such a tried and tested hymn has only been around for a little over 20 years. Its message offers so many lessons, particularly, that with God's help, we can achieve the infinite.

"When I am down and, oh my soul, so weary
 When troubles come and my heart burdened be
 Then, I am still and wait here in the silence
 Until You come and sit awhile with me." (© Universal Music Publishing Ab)

We often think our efforts are not enough. Who am I, amongst all the pristine social media profiles advertising "success stories" of the rich and famous? In today's Gospel the disciples, overwhelmed by the hungry crowd, say to Jesus: "There is a boy here who has five barley loaves and two fish; but what good are these for so many?" The young boy who offered his five loaves and two fish may have initially been perceived as a minor character and perhaps still is today. We don't know the boy's name or his backstory, but he stepped up, providing that sustenance through which Jesus could work a miracle. Without his offering, it is unclear what might have happened next. God teaches us that we are nourished by the gifts we offer to one another. Even the simplest of actions, like offering a shoulder to cry on when someone has lost a loved one, can make a big difference. Whether young or old, we can often feel helpless in situations that seem overwhelming. However, we must remember that nothing is insurmountable for God. As the chorus of *You Raise Me Up* declares, "I am strong, when I am on your shoulders. You raise me up to more than I can be." - By Alexis Dallara-Marsh



Welcome to **OUR LADY OF GRACE Catholic Church**

ANNOUNCEMENTS

Sunday Hospitality becomes a means to serve others and Christ in them. OLG Women's Council are ready to serve you with their warm presence. Don't rush home after Mass. Join one another for fellowship instead.

July 28: Women's Council
 Aug 4: Children's Liturgy & Graced Youth Ministry
 Aug 11: Extraordinary Ministers of Holy Communion
 Aug 18: Knights of Columbus



Graced Youth Ministry (GYM) resume meeting on alternating Sundays, beginning on August 11, at 4 PM at the school. Confirmed students and high school aged students are welcome to join GYM!

ONFIRENORCAL on Saturday, September 14, 9 AM until 9 PM at Six Flags Discovery Kingdom in Vallejo. Interested youth contact Jeremy & Sunshine Arcinas or Steve Ramirez-Palmer for more information.

Introduction to the Liturgy of the Word #110

2 Kings 4:42-44 They shall eat and there shall be some left over.
 Psalm 145 "The hand of the Lord feeds us; he answers all our needs."
 Ephesians 4:1-6 One body, one Lord, one faith, one baptism
 John 6:1-15 He distributed as much as they wanted to those who were reclining.

The first reading today foreshadows what Jesus will so memorably do centuries later. Elisha insists that twenty small barley loaves, given as an offering to God, would feed a hundred people with some left over. Jesus tells his disciples the same thing when all they could offer to the thousands of pilgrims who gather to see him are five barley loaves and two fish. God nourishes and sustains us always, no matter how impossible it seems.

Introduction to the Eucharistic Prayer

Five barley loaves and a few fish became a banquet for multitudes. With our prayer of thanksgiving, these simple gifts of bread and wine will become food to sustain us in our efforts to feed the hungry.

Question of the Week

What can I offer this week, without expecting anything in return, that could provide more than it would if I kept it for myself?

Calendar

Jul. 28	Sun.	World Day for Grandparents and the Elderly
29	Mon.	Memorial of Ss. Martha, Mary and Lazarus
30	Tue.	Optional Memorial of St. Peter Chrysologus International Day of Friendship
31	Wed.	Memorial of St. Ignatius of Loyola
Aug. 1	Thu.	Memorial of St. Alphonsus Liguori
2	Fri.	Optional Memorial of St. Eusebius of Vercelli Optional Memorial of St. Peter Julian Eymard First Friday
3	Sat.	Optional Memorial of the Blessed Virgin Mary First Saturday

A STEWARD MAKES GOD'S LOVE VISIBLE BY IMITATING JESUS.



SERVICE

Please help reach our Weekly Budget Goal: \$4,271.00
 July 7: \$3,650.00 July 14: July 21: July 30:

The Parish Office is looking for volunteers to devote 2-3 hours during the week to help with clerical duties and office organization. High school student job shadowing, or college internship available. Interested or have questions? Call (916) 371-4814.

PRAYER LIST

Departed: David Haro+ Marjorie Batson+ Fr. Art Wehr, S.J.+ Souls in Purgatory+ Sick: Leonila Arucan, Sonja Craighton, Judy King, Pacing McFeely, Piña Family, Louise Souza, Carolyn Tagupa, Michael & Kathy Vilhauer

FORMATION

CFF Registration OPEN! Parents of Children/Youth TK-8: Please take a moment to fill out the registration form available in the Church vestibule. THANK YOU for doing this early as it helps greatly with planning and ordering materials. Forms may be dropped off at the Parish Office or scanned and email to westsacolg@gmail.com



The best Catholic content. All in one place.

- It's EASY and FREE to register!
 - 1. Visit formed.org/signup
 - 2. Enter zip code **95691**
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- After you sign up, download the free FORMED app from App Store or Google Play.

Learn more at formed.org

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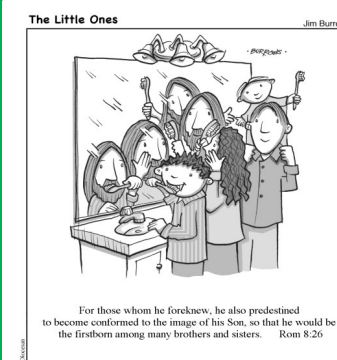
CATHOLIC LIFE EVERYDAY— Download & enjoy myParishApp today! The app is the quickest source for all things OLG: our calendar of events, bulletin, Mass & confession schedule, including an option for reminders, a link to our school and so much more!

- TO BEGIN** download the app – 3 options:
 - Text App to 88202
 - Visit myparishapp.com
 - Download from your phone's app store
- NEXT** locate Our Lady of Grace in listing (or enter our zip, 95691, if prompted)
- THEN** enjoy the many benefits of our Parish App!

HOSPITALITY

OLG Women's Council is hosting coffee & donuts for everyone after Sunday Mass. Stop by the hospitality table in the front of the Church, under the shaded trees. Catholic women ages 18+ are invited to join such a wonderful organization for women.

KID'S CORNER



Summer Fun!

W H I S T R O P S E A D
 M S U N N Y Z O F G
 S R N H E A T D H A
 B E X U L D G B P R
 S W I M M I N G T D
 E O C I U L F R S E
 J L I D C O H E H N
 T F A V Y H R E I D
 V A C A T I O N R G
 W K J Z S H O R T S

Swimming T-shirt
 Sunny Vacation
 Holiday Flowers
 Shorts Garden
 Humid Humid
 Sports Heat

There shall be eternal summer in the grateful heart.

SUNDAY KIDZ

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PASTORAL & FORMATION SUPPORT -

Call the Parish Office: (916) 371-4814 for spiritual formation assistance.

Communion for the Homebound or Sacrament of the Anointing of the Sick -

Call the Parish Office: (916) 371-4814 to schedule a visit. One need not be in immediate danger of death to request support. Call: (530) 355-4401 for emergency or after hours.

ST VINCENT DE PAUL (SVDP) - President: Fay Landry

If anyone in our parish or greater community needs assistance, or if anyone would like to volunteer their time to work with the parish SVDP program please call: (916) 371-5264.

Life Long Catholic Faith Formation

Baptism - Mandatory class for parents and godparents is scheduled for the first Wednesday of the month at 7pm in the rectory. Baptisms will be scheduled for the First Saturday at 1:30 am after completion of the class and all required paperwork. Please call the Parish Office to register for the class or to schedule the Baptism.

Adult Bible Study - Tuesdays at 7pm in the Parish Center.

Children's Liturgy ~ HSUS[a] 4[TWUZaa^/H4Efi Children 3-6 years old at the Sunday 9am & 11am Mass. Contact Sunshine Arcinas.

Women's Council - 1st Tuesday of the month at 7pm in the Parish Center.

Children's Religious Education/Catholic Faith Formation (CFF) TK4 - 8th - Tuesdays 5:30 to 6:45 pm. Includes preparation in 2nd grade to receive First Eucharist; and preparation in 7th grade for Confirmation. Both Sacraments require 2-year attendance in CFF. Classes for high school students available. Adult, Youth Catechists, and Office Help needed. Call the Director of Religious Education:(916) 371-4814 for enrollment questions or to volunteer in our CFF program.

Marriage Preparation - Engaged couples should contact the Parish Office to begin preparation nine (9) months prior to the intended wedding date.

AXUW Christian Initiation of Adults (ACIA) - ? a`Vse` Thursdays 6pm-8:30pm in the Parish Center. All are welcome, baptized and un-baptized Christians seeking to complete their initiation into the Faith.

Graced Youth Ministry - Alternating Sundays at 4pm at the school. All high school aged youth are welcome. Contact: Sunshine & Jeremy Arcinas, and Steve Ramirez-Palmer.

Parish Council: Chair: Michael Babowal; Members: Mike Fritz, Cara Giordano, Helen Kanowsky, Joe Matella, Courtney Sylvia and Casey Valine (ex-officio). Email: parishcouncil@westsacolg.org

Finance Council: Chair: Kenneth Barrow; Members: Greg Johnson, Lex Oriondo, Anthony Tassone, and Harry Valencia. Call (916) 371-4814

Welcome to Our Lady of Grace Catholic Church!

New to the parish? Like to register?

Please fill in & tear this off & drop in the offertory basket.

Name: _____

Phone: _____

<p>"Shop us first & Save!"</p> <p>GROCERY OUTLET bargain market</p> <p>\$3 off any \$30 or more purchase</p> <p>845 Harbor Blvd • 916-372-6575 Matt & Jennifer Engstrom</p>		<p>TOP Agent 18 years!</p> <p>Tony Bracy REALTOR</p> <p>West Sac Specialist, Neighbor, & Family</p> <p>916-812-2328</p> <p>Got questions? I have answers! Local, trusted, successful, born here, lives here!</p>
<p>916-372-8484</p> <p>UBS UNITED BUILDING SERVICE MECHANICAL HEATING & AIR</p>		
<p>RIVER CITIES FUNERAL CHAPEL Lic. FD1082</p> <p>Jon R. Daniel - Fourth Generation Catholic Director Call Concerning Pre-Need Arrangements ... For Your Peace of Mind. 910 Soule St. West Sacramento 371-4535</p>		
<p>SOCIETY OF ST. VINCENT DE PAUL SACRAMENTO</p> <p>We meet @ 6:00pm starting with Hospitality 2nd Thursday of each month For details call: 916-371-5264</p>	<p>West Coast Painting & Decorating Residential & Commercial 916-995-7798 Contractor License #1082467</p>	
<p>Mercy McMahon Terrace Across from Sacred Heart Church Assisted Living At It's Best</p> <p>3865 J St • 916-733-6510</p> <p>Protecting Our Seniors During Difficult Times www.mercymcmahonterrace.org Holy Communion Available + Mass on Saturdays</p>	<p>Consider Remembering Your Parish in Your Will. Please call the Parish Office</p> <p>MARY KAY</p> <p>Isabelle Cammarota Advanced Skin Care Consultant 916.247.6279 (Call or text)</p> <p>Want your best skin yet? I can show you how! Virtual/in person... You might love it so much, you want to do what I do! www.marykay.com/isabellec</p>	
<p>God Bless America</p>	<p>Our Lady of Grace Council #9469</p> <p>Knights of Columbus</p> <p>Meets 2nd Wednesdays at 7pm in the Convent Building, Our Lady of Grace School.</p> <p>For membership information contact Byron Paige, Membership Chairman: (916) 995-4570</p>	
<p>Pregnant? Need a place to stay? Call our local helpline: 916-395-9370 to speak with one of our counselors from Bishop Gallegos Maternity Home</p> <p>Since 1985 we've helped pregnant mothers ... Before & After birth. www.bgmhsacramento.org</p>		

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formation@westsacolg.org
Danielle Stephan, Bookkeeper
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Mass Schedule

Weekdays (except Thursday): 8:30am

Saturday Vigil: 5:30 pm

Sunday: 9am and 11am

First Saturday (Immaculate Heart of Mary): 8:30am

First Friday Eucharistic Adoration: 7 pm

Sacrament of Reconciliation

Saturday: 4:45 to 5:15 or by appointment

Mission Statement - We are a welcoming Eucharistic Community nourished by the Word of God, committed to extend Christ's unconditional love to ALL.

Our Lady of Grace School

Transitional Kindergarten through 8th Grade
Casey Valine, Principal ♦ Angela Montemayor, Vice Principal
1990 Linden Road, West Sacramento, California 95691
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