

August 18, 2024  
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 20th Sunday in Ordinary Time

**MASS INTENTIONS**

Live-stream All Masses on the West Sac OLG YouTube Channel

SUNDAY	Aug 17 Vigil	5:30 PM	Ben & Julia Cruz (Thanksgiving) Ching, Cheng & Stoltz Family (Thanksgiving)
	Aug 18	9:00 AM 11:00 AM	All Parishioners Sebastian Alikunnel + Fe DeAsis + Cecilia Wilson +
MONDAY	Aug 19	8:30 AM	Emmy Stoltz (Birthday)
TUESDAY	Aug 20	8:30 AM	Anthony Quenga (Special Intention) Roque Naughton (Special Intention)
WEDNESDAY	Aug 21	8:30 AM	Stephen Vattathil + Rose Rappu + Lisa Rappu +
		6:00 PM	Mother of Perpetual Help Novena
THURSDAY		No Mass	
FRIDAY	Aug 22	8:30 AM	OLG School Mass

**A RADICAL "UNLESS"**

"Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." There is no other way to look at it. Jesus says, "unless". This is not negotiable. It is not open to interpretation. If we want his life within us, if we want to spend eternity with him, we must eat the flesh of the Son of Man and drink his blood. And like many of the Jews of Jesus's time, we may also say, "What? How? This is too far!" Jesus meant what he said. When we partake in communion, we take into our body and soul, the body, blood, soul and divinity of Jesus. That is a pretty big deal and we need to spend the time and energy to wrestle with that. The flesh of the Son of Man is a reference to the suffering of Jesus, suffering which is the price for integrity. When we follow Jesus, when we do as he says and approach the altar to eat his flesh, to drink his blood, it shouldn't be a passive reception. We need to embrace wholeheartedly what it means to become one with Jesus. We need to ask to see with his eyes, hear with his ears, speak with his tongue and, most of all, to love with his heart. We embrace his way of suffering. As we say yes to Jesus, when we declare "Amen" to the person who offers us the Body of Christ, we are not simply saying thank you. We have to engage our will. We have to acknowledge that God is God and we are not. It is an act of humility as we give Jesus access to the core of our being - we want him to be active, to mold it, sculpt it, change it - change us from the inside out.

I heard a bishop suggest once that each and every Christian should spend time with John 6. A quick read through will take under 10 minutes. But we should not do this quickly. We need to engage with this passage of Scripture. We need to mull it over in our minds, to engage willingly and truly hear what Jesus has to say.

Lord Jesus, open my mind and heart. Help me to believe what you say, even the hard parts. When I meet you in the Eucharist, radically change me from the inside out, so that I truly have your life within me. Amen.

- By Sheryl O'Connor

Welcome to **OUR LADY OF GRACE Catholic Church**

**ANNOUNCEMENTS**



The Knights of Columbus are hosting Hospitality. Don't rush home after Mass. Join one another for coffee & donuts instead. Thank you to our ministry groups that hosted hospitality all summer!



**CFF CATECHISTS NEEDED** - We are looking for catechists (teachers) to share the love of Christ in grade levels TK/Kindergarten thru 8th. Our parish CFF programs could not function without catechists and other volunteers. Prior teaching experience is helpful but not required. St. Theresa of Avila said, "Christ has no body on earth but yours; no hands, but yours; no feet but yours."

While He lived on earth, Jesus sent disciples out in pairs to help in his work of evangelization. We believe that today Jesus is calling adults and teens of our parish to be catechists, co-catechists, and classroom aides who prepare the minds and hearts of children and youth to hear and respond to the Good News throughout their lives. Do Something GREAT for God and His Church. Join our dynamic team of catechists! Help to mentor and form our future Church leaders; share your faith and love for God and His Church. Anyone with a love for their faith is qualified; we will support you and give you the materials you need to guide our children and youth in the study and understanding of our Catholic faith. We encourage all parishioners, as well as the parents of children in our program, to be a part of the faith formation process. CFF begins mid September until May. Contact Dena Serrano, DRE at (916) 371-4814 or stop by the Parish Office to discuss how you can get involved.

**MINISTRY DAYS**

Saturday, September 28, 2024  
 Christian Brothers High School  
 Sacramento, Ca

Ministry Days is the largest gathering of ministers, catechists and Catholic school teachers in the Diocese of Sacramento. The event is an excellent opportunity to network with others who serve our parishes and schools.

Register online  
[www.ministrydays.com/registration](http://www.ministrydays.com/registration)



Most Reverend  
 Bishop Rey Bersabal

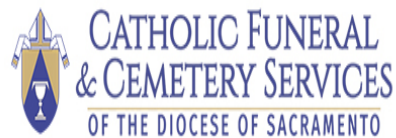


Regina Boyd



Dr. Gerardo Salazar

Ministry Days Keynote and Special Guests

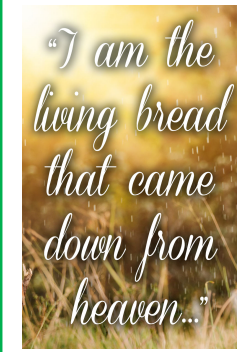


FUNERAL, MORTUARY, CREMATION & BURIAL SERVICES

On August 24/25, Cemetery Staff will be available in the Rectory Conference Room to answer questions and guide you and your family if there is an immediate need.

There is No Children's Liturgy next Sunday.

A STEWARD MAKES GOD'S LOVE VISIBLE BY IMITATING JESUS.



**SERVICE**

Please help reach our  
 Weekly Budget Goal: \$4,271.00  
 August 4: \$ \_\_\_\_\_

**VOLUNTEERS NEEDED** - The Parish Office is in need of volunteers to devote 2-3 hours, or one day during the week to help with clerical duties and office organization. High school students in need of job shadowing, senior projects, or college student internship also available. Interested or have questions? Please call Dena Serrano, in the Parish Office at (916) 371-4814.

**PRAYER**

**Pray for the Dead:** David Haro+ Marjorie Batson+ Steve Coughlin+ Fr. Art Wehr, S.J.+ Cecilia Wilson+ Fe DeAsis+ Poor Souls in Purgatory+  
**Pray for the Sick:** Leonila Arucan, Sonja Craighton, Judy King, Pacing McFeely, Piña Family, Louise Souza, Carolyn Tagupa, Michael Vilhauer & Kathy Vilhauer

**FORMATION**

CFF 2024-25 Registration is accepted on line: [westsacolg.org/cff](http://westsacolg.org/cff)

**CATECHIST WORKSHOP** - CFF volunteers, new and those interested in becoming catechists, on Tuesday, September 3, at 5:30 PM in the Parish Center.

**CATECHETICAL SUNDAY** -All Catechists, adult and children's faith formation, new and returning will be commissioned on Sunday, September 15, at every Mass.

**CFF CLASSES** begin Tuesday, September 17, at 5:30 PM at OLG School.

**CFF PARENT** meeting on Tuesday, September 24, at 5:30 PM in the Parish Center.



**HOSPITALITY**

Welcome Back to School!

**KID'S CORNER**



**Ten Commandments**  
 Remember The Sabbath Day To Keep It Holy  
 Exodus 20:8

K O S D J T E X O D U S  
 R E J E I Y M P C T H E  
 I H E K V U J Z G R C M  
 Y O V P L S M V I Q O X  
 S T N E M D N A M M O C  
 S E T L Y R W H O L Y S  
 H X V I C O W B I G K I  
 B S I R E Z M B E M E R P  
 E V K F Z S A B B A T H  
 N T L F C B R L T E N J  
 P Y D V Z Y A D O T D X  
 A R R G H C R U H C S S

Church Commandments Day Exodus Holy It  
 Keep Remember Sabbath Ten The To



Church House Collection ©



**PASTORAL & FORMATION SUPPORT -**

Call the Parish Office: (916) 371-4814 for spiritual formation assistance.

**Communion for the Homebound or Sacrament of the Anointing of the Sick -**

Call the Parish Office: (916) 371-4814 to schedule a visit. One need not be in immediate danger of death to request support. Call: (530) 355-4401 for emergency or after hours.

**DIocese ANNOUNCEMENT**

**In re: The Roman Catholic Bishop of Sacramento, Case No. 24-21326**  
U.S. Bankruptcy Court for the Eastern District of California

**Notice of Deadline for Filing Claims: October 1, 2024**

**YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM AGAINST THE DIOCESE OF SACRAMENTO**

On April 1, 2024, The Roman Catholic Bishop of Sacramento aka Diocese of Sacramento filed a chapter 11 bankruptcy petition for protection under title 11 of the United States Code.

If you were sexually abused by any person connected with the Diocese, you must file a claim so as to be received by October 1, 2024, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Diocese.

Claims based on acts or omissions of the Diocese that occurred Before April 1, 2024, must be filed on or before October 1, 2024, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before April 1, 2024.



For more information on how to file a claim or about the bankruptcy, please visit: <https://www.donlinrecano.com/rcbsacramento>, or contact the Debtor's claims agent Donlin, Recano, & Company, Inc. via email at [rcbsacramento@rc.equiniti.com](mailto:rcbsacramento@rc.equiniti.com) or by phone at 1-866-714-7301; or visit the Debtor's website at <https://scd.org> and follow the links for Chapter 11 filing.

**Welcome to Our Lady of Grace Catholic Church!**

New to the parish? Like to register?

Please fill in & tear this off & drop in the offertory basket.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

<p><b>"Shop us first &amp; Save!"</b></p> <p><b>GROCERY OUTLET</b> bargain market</p> <p>\$3 off any \$30 or more purchase</p> <p>845 Harbor Blvd • 916-372-6575 Matt &amp; Jennifer Engstrom</p>		<p><b>TOP Agent 18 years!</b></p> <p><b>Tony Bracy</b> REALTOR</p> <p>West Sac Specialist, Neighbor, &amp; Family</p> <p>916-812-2328</p> <p>Got questions? I have answers! Local, trusted, successful, born here, lives here!</p>
<p><b>916-372-8484</b></p> <p><b>UBS</b> UNITED BUILDING SERVICE MECHANICAL HEATING &amp; AIR</p>		
<p><b>RIVER CITIES FUNERAL CHAPEL</b> Lic. FD1082</p> <p>Jon R. Daniel - Fourth Generation Catholic Director Call Concerning Pre-Need Arrangements ... For Your Peace of Mind. <b>910 Soule St. West Sacramento 371-4535</b></p>		
<p><b>SOCIETY OF ST. VINCENT DE PAUL</b> SACRAMENTO</p> <p>We meet @ 6:00pm starting with Hospitality 2nd Thursday of each month</p> <p>For details call: 916-371-5264</p>	<p><b>West Coast</b> Painting &amp; Decorating Residential &amp; Commercial <b>916-995-7798</b> Contractor License #1082467</p>	
<p><b>Mercy McMahon Terrace</b> Across from Sacred Heart Church Assisted Living At It's Best</p> <p>3865 J St • 916-733-6510</p> <p>Protecting Our Seniors During Difficult Times</p> <p><a href="http://www.mercymcmahonterrace.org">www.mercymcmahonterrace.org</a></p> <p>Holy Communion Available + Mass on Saturdays</p>	<p>Consider Remembering Your Parish in Your Will. Please call the Parish Office</p>	
<p><b>God Bless America</b></p>	<p><b>MARY KAY</b></p> <p>Isabelle Cammarota Advanced Skin Care Consultant</p> <p>916.247.6279 (Call or text)</p> <p>Want your best skin yet? I can show you how! Virtual/in person... You might love it so much, you want to do what I do!</p> <p><a href="http://www.marykay.com/isabellec">www.marykay.com/isabellec</a></p>	
<p>Our Lady of Grace Council #9469</p> <p><b>Knights of Columbus</b></p> <p>Meets 2nd Wednesdays at 7pm in the Convent Building, Our Lady of Grace School.</p> <p>For membership information contact Byron Paige, Membership Chairman: (916) 995-4570</p>	<p><b>Pregnant?</b> Need a place to stay? <b>Call our local helpline: 916-395-9370</b> to speak with one of our counselors from Bishop Gallegos Maternity Home</p> <p>Since 1985 we've helped pregnant mothers ... Before &amp; After birth.</p> <p><a href="http://www.bgmhsacramento.org">www.bgmhsacramento.org</a></p>	

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911 Park Boulevard  
West Sacramento, California 95691  
Office: 916-371-4814; Fax: 916-371-4816  
Email: [office@westsacolg.org](mailto:office@westsacolg.org)  
Website: [www.westsacolg.org](http://www.westsacolg.org)

Father Mathew Rappu, Pastor  
[frmathew@westsacolg.org](mailto:frmathew@westsacolg.org)  
Deacon David Campbell  
[davidcampbell@westsacolg.org](mailto:davidcampbell@westsacolg.org)  
Dena Serrano, Director of Religious Education  
[formation@westsacolg.org](mailto:formation@westsacolg.org)  
Danielle Stephan, Bookkeeper  
[bookkeeper@westsacolg.org](mailto:bookkeeper@westsacolg.org)

**Mass Schedule**

Weekdays (except Thursday): 8:30am

Saturday Vigil: 5:30 pm

Sunday: 9am and 11am

First Saturday (Immaculate Heart of Mary): 8:30am

First Friday Eucharistic Adoration: 7 pm

**Sacrament of Reconciliation**

Saturday: 4:45 to 5:15 or by appointment

**Mission Statement** - We are a welcoming Eucharistic Community nourished by the Word of God, committed to extend Christ's unconditional love to ALL.

**Our Lady of Grace School**

Transitional Kindergarten through 8th Grade  
Casey Valine, Principal ♦ Angela Montemayor, Vice Principal  
1990 Linden Road, West Sacramento, California 95691  
Office: (916) 371-9416 ♦ Email: [office@olgwestsac.com](mailto:office@olgwestsac.com)