

“I am the living Bread
from heaven,
says the Lord.”

- Alleluia Verse
John 6: 51



Corpus Christi Sunday

The Most Holy
Body & Blood of Christ

June 7, 2026

MASS INTENTIONS

Live-stream All Masses on the West Sac OLG YouTube Channel

SATURDAY	June 06	5:30 PM Vigil	Florenda Escano +
SUNDAY	June 07	9 AM	Sam Alaba +
			Marty Concepcion+
			Jaden De Jesus-Eves+
			Elsi Frugoli +
			Linda Stewart +
			Mariane Talani Robles+
			Pauline Frugoli +
			Thomas Thengumpalil+
			All Parishioners
		11 AM	
MONDAY	June 08	8:30 AM	
TUESDAY	June 09	8:30 AM	
WEDNESDAY	June 10	8:30 AM	Diana Loza (Birthday)
THURSDAY	June 11		No Mass
FRIDAY	June 12	8:30 AM	Parish Mass

Love makes us the best we can be

The First Reading recalls the suffering and testing the Israelites endured in the desert, yet God intervened for them, even with manna (a precursor of the Eucharist) to eat. Since they had no way to provide for themselves, the Israelites learned to trust in God’s providence. For them, the greatest danger was, once able to provide for themselves, they would forget to trust God’s providence. Once a year, on the Feast of Booths, the Jewish people live in tents to commemorate this time when God nourished them in the desert. May we always have the grace to turn to Our Lord in the Eucharist when we find ourselves in life’s desert. • The Responsorial is a hymn of praise for God’s power and providence. If we look at life from God’s perspective, we will see His commandments not as dictates, but as precious gifts of His Love, to help us become the best we can be. • In the Second Reading to the Corinthians, St Paul communicates several important truths about the Eucharist. The Eucharist is the Body and Blood of Jesus and when we participate in this Sacrament, we are in union with Our Lord. When we partake of His Body and Blood, we are united to each other through Him. Finally, we must reflect this union in the way we treat our neighbor. • Today’s Gospel is St John’s final section on the Bread of Life. The entire emphasis is on the Real Presence of Jesus in the bread and wine that become (are transubstantiated into) His Body and Blood. St John tells us that the Bread is the flesh of Jesus. The prologue of this Gospel speaks about the Incarnation using the same Greek word for flesh, the Word became flesh, that is, Eucharist. This Gospel explains that whatever Jesus was in the Incarnation, that is what the Eucharist is. In this Holy Sacrament, Jesus offers to come into a profound and intimate union with each one of us. It is this union with Him, that brings us eternal life.

(Synopsis ex Handbook for Lectors & Proclaimers of the Word)

Welcome to OUR LADY OF GRACE Catholic

Thank you on behalf of the Benedictine Sisters of St Agnes

Dear Parishioners of Our Lady of Perpetual Help Church, sincere thanks for the opportunity to participate at Mass and speak at your parish this past weekend. I was honored to do so on behalf of my community, the Benedictine Sisters of St Agnes. I can assure you that the Sisters will benefit greatly from your support, and hold you all in prayer as you are now among our donors. If you wish to know a bit more about our community here is our website: <http://www.chipolebenedictines.org/>

Blessings,
Sr. Gloriosa Komba, OSB
Community Representative.

2026 Consecration Our Nation to the Sacred Heart of Jesus

Bishop Soto has asked each parish to offer 250 hours of Adoration and 250 Works of Mercy during the month of June to prepare our communities for the consecration of our nation to the sacred heart of Jesus for our nation’s 250th birthday. Resources can be found on the website at <https://www.scd.org/consecration>.

13th Annual Vocations Benefit Dinner

The Office of Priestly & Religious Vocations invites you to our 13th Annual Vocations Benefit Dinner on Saturday, July 11, 2026 at St. Joseph Parish, 1791 Marshall Rd, Vacaville, CA 95687. For more information, please contact George Bagley, Chapter Vocations Chairperson at (707) 372-4913.

FORMED – Our parish has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. FORMED has content from over 60 apostolates, including Augustine Institute, Ignatius Press, and the Knights of Columbus, with material that is professionally produced, engaging, and solid in its catechism. Best of all, this material is free to you. Our parish will be using the material on FORMED to support our ministries and provide continuing education for staff members and parishioners, as well as outreach for our sick and homebound members. Much of FORMED’s content is available in both English and Spanish.

To gain access to all of FORMED’s content, follow these simple steps:

Go to <https://signup.formed.org/>

Enter our parish’s zip code

Enter your name and your email address

A STEWARD MAKES GOD’S LOVE VISIBLE BY IMITATING JESUS.



Saturday • June 13

SERVICE

Please help us reach our
Weekly Budget Goal of \$4,271.00
Collection on May 17:\$2,793.00
May 24:\$2,366.00
May 31:\$4,208.00

Prayerfully consider what you can give.

PRAYER

Pray for the sick, especially in our parish: Sandra Garcia, Ron Moore, Emiliana Stoltz, Sonja Craighton, Michael Vilhauer, Ana Ramirez-Palmer, Shirley Ching, Pacing McFeely, Millie Centers, Linda Bianchi, Carol Campbell, Grace Mosley and Micheal Talani.

Hospitality

- Don’t rush home after Mass! OLG Ministries will be hosting Coffee and Donuts immediately after Sunday Mass for the parish family to enjoy social time together. This an opportunity to get to know your parish family. Let us build our community of faith!

SACRAMENTO CLASSIC

PRIESTS AND SEMINARIANS

CHRISTIAN BROTHERS HIGH SCHOOL GYM

4315 MARTIN LUTHER KING JR. BLVD. | SACRAMENTO, CA 95820

BUY TICKETS:

WWW.SCD.ORG/BASKETBALL
SCAN THE QR CODE
OR CONTACT THE OFFICE



TICKET PRICING:

\$5 STUDENTS (K-12)
\$15 ADULTS
\$60 GROUP OF 6 ADULTS
(SAVE \$30)

TUESDAY
6/16
7:00PM
DOORS OPEN 6:30PM

ALL PROCEEDS FROM THE GAME BENEFIT
SEMINARIAN FORMATION

816-733-0258

MSMTH@SCD.ORG

WWW.SCD.ORG/VOCATIONS

@CONSIDERPRIESTHOOD

CONSIDER PRIESTHOOD



Diocese of Sacramento
Office of Priestly & Religious Vocations
(916) 733-0258 or msmth@scd.org

